ABSTRACT OF THE DISCLOSURE

An optical disk provided with a land region and a groove region that are formed on a substrate, the land region and groove region being used as a recording track that is the medium of the recording/playback of information signal, and a pre-pit region that is formed at the boundary part of neighboring land region and groove region and is disposed every other boundary part, the pre-pit region including specific information. Characteristically, the specific information's in neighboring pre-pit regions are not aligned in the radius direction of the optical disk.